



Talking Teens Parents Group

coming to

St Joseph's Catholic Primary
Queens Road Keighley BD21 1AR

For Yr 5 & 6 parents or parents
who have teenage children

Talking Teens Parents Group

Ten 2 hour sessions help you to:

- Communicate with your teenager
- Understand your teenager
- Explore parenting styles
- Respond to difficult feelings
- Manage conflict
- Explore rules and boundaries
- Gain more confidence in approaching difficult topics with your teenagers

To book your place please contact:
school office,

Jenny McGuinness 01535 605880

or email
bradfordparentingteam@hotmail.co.uk

Teenagers
be rewarding
fun but
being a
parent of
can be
stressful and challenging.



can
and
one

Talking Teens can help us deal
with these challenges so you can
have a calmer, happier family
life.

Talking Teens is a tried and
tested programme delivered by
two experienced facilitators who
provide the space and support to
explore and reflect.

Starting:
Thursday 19th April 2018
1.30-3.15pm

